

'From sprout
to success:
CULTIVATING
GROWTH IN
business.'

With Dr. Parul Sharma

www.mouneeconsulting.org



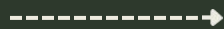
Dr. Parul Sharma

Founder & Managing Director
Mounee Consulting Services
20+ In Training

Coaching that goes beyond the conventional

*Create sustainable enterprises and brands that scale organically
and deliver the value you intended, the way you intended - to all*

Mounee Consulting Services Founder and Managing Director



About Me

Dr. Parul Sharma is a peak performance business Trainer and Managing Director of Mounee Consulting services with the vision of the most preferred learning and development partner for people transformation through continuous improvement by our passionate committed and professional team to grow .

She known for bringing about unparalleled transformations for her most discerning clients through his private one on one business and life training

Mrs. Parul Sharma believes in solving the real time issues of our clients by providing them facilities of Manpower and Training



EDUCATION

B.Com. Delhi University

Bachelor of Education

PGDBA YMCA

MBA(HR) Maharshi Dayanand University

DIT National Institute of information technology

Diploma in Organisational Psychology

EXPERIENCE

- Corporate training programs
- Designing learning modules
- Addressing manpower needs through skills development initiatives
- leadership development and technical Training
- Soft skills enhancement
- Ensuring timely completion of online / Offline Trainings
- Provided Trainings in Corporates , Colleges, Schools, and Trust , NGOS

HIGHLIGHTS

- Vice President from Haryana for National Human Rights NGO
- Member of Tejasvini Nari and Bal Yuva foundation registered under niti ayog
- And associate partner with Ram Kala Sadan NGO
- Senior HR consultant for VISAN foundation , runs the programs for lower income group childrens
- President of Divy Swarnim Nagri Worked for lower income students on skills development
- Provided Trainings in all then NGOS on English communication, skills Development
- Process Specialist Training in Home loan and Security Market
- Posh Training and Organizational Psychologist

Vision

Our Vision is to be the most preferred learning and development partner for people transformation through continuous improvement by our passionate committed and professional team



Mission

We would consistently play out our commitments with respectability, dedication, honesty and certainty and would make progress toward the best and accomplish for the most noteworthy to meet our radiant points and breathtaking objectives.

CLARITY

Identify your unique vision and goals to create a customised strategy blueprint designed for you, your team and your business

EXECUTION

Maximise your potential and grow exponentially with dedicated support and consistent guidance from your coach at each step of the way

STRATEGY

Embody the psychology of the top 1% to achieve exponential productivity and create breakthroughs in sales, leadership and culture

WORKSHOPS

Visioning workshops

Visioning workshops derive a sense of purpose and shared values for the organisation. They align the team's focus and energy on striving towards a common goal

STRATEGY WORKSHOPS

Strategy workshops are set to understand the long-term goals and create step-by-step actionable blueprints to achieve the objectives in the most efficient manner. It bridges the gap between where the company is today and where it wants to be in the future

CORE TEAM ALIGNMENT WORKSHOPS

Core team alignment workshops bring together the leadership and the team on their common objective, opening up a productive space to evaluate progress and formulate the best possible plan forward



- **Team Building**
- **Time Management**
- **Conflict Management**
- **Leadership**
- **Growth Mindset**
- **Self motivation**
- **Women Empowerment**
- **Holistic wellness**
- **Be your own doctor**
- **Stress & Anxiety Mangement**
- **Performance management**
- **Confidence building**



Responsibilities as a Trainer included-

- Contextual Vocabulary
- Presentation Skills
- Business Email Writing Skills
- Effective Communication Skills
- Fluency Development
- Accent Neutralization
- Confidence building / Public Speaking
- Personality Development
- Developing Vocabulary
- Speaking Fluently & Correctly
- Developing Confidence
- Overcome fear & Hesitation
- Active Listening Skills
- Analytical Thinking
- Team Building Skills
- Interpersonal Skills
- Campus to Corporate Skills
- Emotional Intelligence



AWARDS



Client Testimonial



Shagun Gupta

"What I like most about the programme was the variety of items presented as well as stress management i.e. time management, leadership, assertiveness etc"



Kashish Khan

"A very informative and eye-opening programme... I thought Warren covered all the areas brilliantly"



Radhika Sharma

"The trainer provided for this event was very competent and took a lot of trouble to check what type of experience people already had and what sort of thing they were planning to deliver prior to the course. The participants all enjoyed the course and were very positive about having a genuine chance to 'practice' in a less threatening environment."



Manju Aggarwal

"The trainer was enthusiastic and kept my interest throughout which in itself is a huge achievement!... All covered in depth"

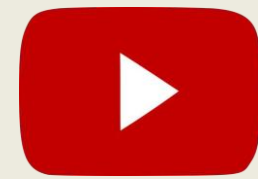




INSPIRING GREATNESS

Start your Training journey with one of India's leading Business and Life Trainer for leading business owners, and passionate entrepreneurs.

FIND US
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